

Health, wellbeing and inclusion



Relevant Targets

2 Target 2

3 Target 3

4 Target 4

5 Target 5

Create healthy neighbourhoods that promote cycling, walking and public life

Healthy, walkable neighbourhoods are places where people can afford to live, learn, work and play. They offer a wide range of services that can easily be reached on foot or by bicycle, including schools, health care, shops, parks, sports facilities and public transport. They also provide streets and public spaces that support diverse and vibrant public life, biodiversity and physical activity opportunities. They connect people with nature, support social interaction, are multi-functional and will better meet active and healthy lifestyles as

Adelaide's new and more compact urban form evolves. Healthy neighbourhoods also have access to affordable and diverse housing options which meet Greater Adelaide's varied household and family structures.

Creating compact mixed use communities ('the new urban form') is essential to supporting increases in walking, cycling and public transport. Higher residential densities are needed to create vibrant neighbourhoods by ensuring that there are enough people to support local shops, services, public transport and community facilities within walking distance. The better integration of transport and land use planning is a critical component of this.



Bonython Park

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Policies

- P47.** Plan future suburbs and regenerate and renew existing ones to be healthy neighbourhoods that include:
- diverse housing options that support affordability
 - access to local shops, community services and facilities
 - access to fresh food and a range of food services
 - safe cycling and pedestrian-friendly streets that are tree-lined for comfort and amenity
 - diverse areas of quality public open space (including local parks, community gardens and playgrounds)
 - sporting and recreation facilities
 - walkable connections to public transport and community infrastructure.
- P48.** Create greenways in transit corridors, along major watercourse linear parks, the coast and other strategic locations to provide walking and cycling linkages.
- P49.** Encourage more trees (including productive trees) and water sensitive urban landscaping in the private and public realm, reinforcing neighbourhood character and creating cooler, shady and walkable neighbourhoods and access to nature.
- P50.** Provide diverse areas of quality public open space in neighbourhoods (especially in higher density areas) such as local parks, community gardens, playgrounds, greenways and sporting facilities to encourage active lifestyles and support access to nature within our urban environment.
- P51.** Facilitate and support the value of local ownership by supporting communities and businesses to help shape and look after their local open spaces and streetscapes.
- P52.** Support a diverse range of cultural initiatives, such as public art, to stimulate the revitalisation of communities and social cohesion.
- P53.** Encourage the integration of green infrastructure in the public and private realms to support positive physical, mental and social health outcomes.
- P54.** Prioritise Planning and Development Fund grants for improved access to quality public realm (such as playgrounds, linear paths and new open space purchases) at strategic locations.



Figure 2.3 Examples of elements that contribute to a healthy place to live



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Making it happen - the planning system

In the short term

- A29.** State and local government to develop design standards for public realm and infrastructure to support well-designed, liveable neighbourhoods.
- A30.** Investigate the feasibility of having a tailored criteria for walkable neighbourhoods located in outer metropolitan Adelaide.
- A31.** Work together with other agencies and local government to deliver demonstration projects that meet the objectives of the Safe Communities, Healthy Neighbourhoods Strategic Priority.
- A32.** Investigate the role of off-set schemes to support the development of healthy neighbourhoods.

In the medium term

- A33.** Reform policies for the public realm in collaboration with local government, including developing a statewide streetscape framework which outlines the process for identifying and agreeing (using the 'link and place' methodology) on priority projects for streetscape improvements.
- A34.** Develop guidelines to encourage broad community involvement in the design, maintenance and progressive enhancement of the public realm through engagement and participation.

Other key levers to unlock opportunity

- Deliver the State Public Health Plan through collaborative action between State and local governments to increase opportunities for active living.
- Undertake community programs to encourage sustainable travel behaviour change e.g. the Way2Go School Program; TravelSMART Households; Way2Go; Bike Ed Program; Living Neighbourhoods Program; and Residents to Win Grants Program.
- Support Nature Play SA to make unstructured outdoor play in nature (public open space) an everyday part of childhood.
- Implement the *Healthy Parks Healthy People South Australia 2016-2021* report which supports the role of quality open space and green infrastructure in providing access to nature and hence improves the health and wellbeing of neighbourhoods.